

# National Association of State Departments of Agriculture



## Subject of Policy Amendment 14:

Update policy language to align with current nutrition and dietary guidance by emphasizing a broader variety of food groups and nutrient-dense options in national feeding and nutrition assistance programs.

## Section Number or Title to be Amended:

5.2 National Feeding and Nutrition Assistance Programs

## Submitted by:

Commissioner Bryan Hurlburt, Connecticut  
Secretary Karen Ross, California

## Text of Policy Amendment:

### Current Policy:

- "Dietary guidelines should ensure that students and seniors consume sufficient calories and protein for healthy growth and the sustaining of physical strength and mental alertness."
- "Dietary guidelines should ensure that students consume sufficient calories and protein for healthy growth and mental alertness."

### Proposed Policy Change:

- Dietary guidance for consumers should provide evidence-based advice on what to eat and drink to meet nutrient needs, promote health, and prevent disease. National feeding and nutrition assistance programs should encourage the consumption of foods that ensure adequate nutrition and energy intake to support overall dietary, physical, and mental well-being.

**Adopted: February 26, 2025**