

National Association of State Departments of Agriculture



Subject of Action Item B:

Emphasizing the Safety, Science, and Health and Nutritional Benefits of Vegetable Oils

Submitted by:

Secretary Mike Naig, Iowa

Corresponding Policy Section & Statement:

5.1 Nutrition and Food Assistance:

- "Federal policy related to nutrition or dietary guidelines should deliver measurable benefits to consumers' health. They should be informed by the best available peer-reviewed science specific to human health and nutrition, and should not prejudice particular agricultural commodities, food products or farming practices."

5.2 National Feeding and Nutrition Assistance Programs

- "Dietary guidance for consumers should provide evidence-based advice on what to eat and drink to meet nutrient needs, promote health, and prevent disease. National feeding and nutrition assistance programs should encourage the consumption of foods that ensure adequate nutrition and energy intake to support overall dietary, physical, and mental well-being."

Text of Action Item:

As USDA and HHS begin implementing the 2025–2030 Dietary Guidelines for Americans, NASDA will submit public comments on related guidance or rulemakings affecting compliance within federal nutrition programs to ensure that the safety, the body of evidence-based research, and the health and nutritional benefits of vegetable oils are accurately and scientifically represented.

Adopted: Feb. 4th, 2026